



LINKING YOUTH AND FAMILIES TO LOCAL RESOURCES AND SERVICES



Hampton City School Disclaimer

HCS does not discriminate on the basis of race, color, national origin, sex, disability, age or other protected classes in its programs and activities and provides equal access to the Boy Scouts and other designed youth groups. The following person has been designated to handle inquires regarding the non-discrimination policies:

Robbin G. Ruth, Executive Director, Human Resources
1 Franklin Street
Hampton, Virginia 23669
(757) 727-2318

MENTAL/BEHAVIORAL HEALTH RESOURCES:

- **Center for Child and Family Services**

- 2021 Cunningham Drive, Suite 400 Hampton, VA 23666
- Contact Number(s): (757) 838-1960
- Website: www.kidsandfamilies.com
- Services offered:
 - Individual and Family Counseling
 - Child Therapy
 - Youth Anger Management
 - Trauma Support Services
 - Adult Job Readiness Program (for adults with criminal records)
 - Teen Mom Services: program provides in-home support services and parent education for the mother. The program will also provide free counseling, a fatherhood program for the new father and job readiness training if needed. All services are free. Please contact Lauren Hentnik at 838-1960 ex 315 for more information
 - Fatherhood Program: provides a group that encourages fathers to be financially and emotionally supportive of their children. It also offers 12 hours of job readiness training to assist unemployed and under employed fathers to obtain work through direct referrals to employers in the community. The program offers services for **Teen fathers. For More Information contact Pete McRae (Manager Fatherhood Program) at (757) 838-1960 x 307.**
 - Parenting Groups (Family Rules): Please call Healthy Families (757) 727-1300 to register and then call CCFS for an assessment appointment.

- **Hampton Mental Health Associates, Inc.**

- 2208 Executive Drive Suites A-E Hampton, VA 23666
- Contact Number(s): (757) 826-7516
- Website: <http://hamptonmentalhealth.com/>
- Services Provided:
 - Psychiatric Evaluation
 - Individual and Family Therapy
 - Medication Management
 - Intensive In-home Services
 - Mental Health Support Services

- **Hampton Newport News Community Services Board**

- 600 Medical Drive Hampton, VA 23666
- Website: www.hnnccb.org
- Contact Number(s): (757) 788-0600
- Services Offered:
 - For students with Medicaid, schedule VICAP assessment by calling (757) 251-1300 to request in-home therapy, therapeutic day treatment, case management, etc.
 - Individual/Family Outpatient counseling
 - Case management services (via Medicaid or FAPT funding)
 - Mentor services or Mental Health Support Services(via FAPT funding)
 - Psychological/Psychiatric Evaluations
 - Medication Management

- **Riverside Behavioral Health Center**

- 2244 Executive Drive Hampton, VA 23666
- Contact Number(s):
 - General Information (757) 827-1001
 - Admissions and Inpatient Information (757) 827-3119
 - Outpatient Information (757) 827-3670
- Website: <http://www.riversideonline.com/rbhc/>
- Services Offered:
 - Inpatient Child and Adolescent Services: Offer short-term acute services to assist services to assist children and adolescents, ages six through 17, who are experiencing emotional, psychological and behavioral problems.
 - Outpatient Services

MEDICAL SERVICES/FINANCIAL ASSISTANCE:

- **Hampton Redevelopment and Housing Authority**
 - Ruppert L. Sargent Building, 1 Franklin St., Suite 603, Hampton, VA 23669
 - Contact Number: (757) 727-6337
 - Website: <http://www.hrha.org>
 - Services Provided: Housing/rental assistance
- **Hampton Department of Human Services**
 - 1320 LaSalle Avenue Hampton, VA 23669
 - Contact Number(s): (757) 727-1800
 - Hours: Mon. – Fri. 8 AM to 4:30 PM
 - Services offered:
 - Applications for Medicaid, FAMIS, TANF, SNAPs, WIC, etc.
 - Child Care Assistance
 - Disaster Assistance (Housing Assistance Grants/Programs)
 - Homeless Intervention Program (Court Summons/Eviction Notice required)
 - Comprehensive Services Act (CSA)
 - Request funding for mental and behavioral health services via the Family Assessment Planning Team (FAPT)
- **Office of Human Affairs (OHA)**
 - 392 Maple Avenue Newport News, VA 23607
 - Contact Number(s): (757) 247-6747
 - Website: www.ohainc.org
 - Services Provided: Rental and utility assistance
- **Planned Parenthood of Southeastern Virginia**
 - 403 Yale Drive Hampton, VA 23666
 - Contact Number(s): (757) 826-2079 or (757) 499-7526
 - Website: www.ppsev.org
 - Services provided: Promotes responsible reproductive decisions through education and access to affordable healthcare for men and women. Organization treats people of all ages for reproduction health services.
- **Hampton Roads Ecumenical Lodgings and Provisions (HELP)**
 - 1320 LaSalle Avenue Hampton, VA 23669
 - Contact Number(s): (757) 727-2577 or (757) 408-4359
 - Website: <http://helpushelpu.org/HELPushelpu.html>
 - Hours: Mon. – Fri. 8:30 AM to 3 PM
 - Services offered: Showers, Laundry, Employment counseling & Job Search, Pastoral and Life Counseling, Case Management (housing, financial, career, access to services, etc.)
 - **Food Pantry:** Helps families get groceries according to the number of individuals in the family.
 - **Bag Lunch Program:** Distributes free lunches to four different sites in Hampton to those in need.
 - **Financial Assistance:** Provides emergency financial assistance when funds are available.
 - **Family Shelter:** H.E.L.P. House Family Shelter is a five bedroom, 22 bed shelter providing support to those in crisis.
 - **Transitional Housing:** Owns two duplexes that provide four units of housing for homeless families with children in transition between the family shelter and permanent housing.
 - **A Night's Welcome:** Program for the homeless in which area congregations rotate hospitality providing shelter, dinner and breakfast meals.
 - **Medical Clinic:** provides free primary care and preventive healthcare to those who do not have the resources to meet their medical needs.
 - **Medical Clinic Hours:**
 - Mondays - Evenings: 5pm – 8pm (by appt only)
 - Tuesdays & Wednesdays: Days: 10am – 2pm (by appt only) Evenings: 5pm – 8pm (by appt only)
 - **No patients are seen on Thursdays or Friday**

- **Hampton Roads Ecumenical Lodgings and Provisions (HELP)**
 - **Dental Clinic:** Provides dental services to those that do not have the resources to meet their dental need.
 - There is a \$25.00 administrative fee for each dental visit. **This fee must be pre-paid.**
 - **Clinic Hours:**
 - Mondays 8:30am – 4:30pm (by appt only)
 - Wednesdays 8:30am – 4:30pm (by appt only)

- **LINK of Hampton Roads**
 - 10413 Warwick Blvd Newport News, VA 23601
 - Contact Number(s): (757) 595-1953
 - Website: <http://www.linkhr.org/2012/index.html>
 - Hours: Mon. – Fri. 8:30 AM - 5:30 PM
 - Services provided:
 - Free notary services
 - Building Bridges program: help people build self-sufficiency
 - Furniture, Household, and car distribution
 - LINK Emergency Services Center: provides limited financial assistance for utilities, bus tokens, Greyhound tickets, and vehicle repairs in special needs cases.
 - Professional and Casual Clothing closet
 - Share the Spirit/Adopt a Family Program
 - Veterans Rehabilitative Shelter Program

- **Hampton Health Department**
 - 3130 Victoria Blvd Hampton, VA 23661
 - Contact Number(s): (757) 727-1172
 - Website: <http://www.vdh.state.va.us/LHD/Hampton/clinics.htm>
 - Services provided:
 - Sexually Transmitted Infections (STI) Clinic
 - Women’s Specialty Clinic
 - Adult and Childhood Immunization Clinic

- **P.I.C.H.**
 - Health Services (locations throughout Hampton Roads area)
 - 4714 Marshall Ave. Newport News, VA 23607
 - Phone: (757) 380-8709
 - 15425-H Warwick Blvd Newport News, VA 23607
 - Phone: (757) 874-8400
 - 1033 28th St. Newport News, VA 23607
 - Phone: (757) 952-2160
 - Website: <http://www.pich.org/>
 - Provides an array of services to assist with healthcare needs:
 - After hours – physician on call services
 - Case Management – perinatal, pediatrics, adult, HIV/AIDs
 - Chronic Disease Management
 - Community Outreach
 - Dental Services [Newport News (757) 928-3810]
 - Family Planning
 - Family Practice
 - FAMIS Enrollment Coordination
 - Gynecological Care
 - Health Education and Nutrition Counseling
 - Healthcare for the Homeless
 - Immunizations
 - Internal Medicine
 - Lab Services-On site
 - Medication Assistance
 - Obstetrical Services (at Chesapeake office only)
 - Pediatrics
 - Referral Services
 - School Physicals
 - Substance Abuse/Depression Screening & Counseling
 - Translation Services

COMMUNITY RESOURCES:

- **Alternatives, Inc.**
 - 2021 B Cunningham Drive, Suite 5 Hampton, VA 23666
 - Contact Number(s): (757) 838-2330
 - Website: www.altinc.org
 - Services offered:
 - Early Childhood programs
 - Al's Pals: Kids Making Healthy Choices
 - Pre-School Monart
 - Youth Civic Engagement & Service-Learning
 - Uth Act
 - Hampton Youth Commission
 - KICK
 - R.E.L.A.T.E
 - Training of Advisory Boards
 - Large-Scale Service Events
- **American Red Cross**
 - 1323 W. Pembroke Avenue Hampton, VA 23661
 - Contact Number(s): (757) 838-7320
 - Website: <http://www.redcross.org/va/hampton>
 - Services offered: A humanitarian organization led by volunteers, which provides relief to victims of disaster and helps people prevent, prepare for and respond to emergencies.
- **The Arc of the Virginia Peninsula**
 - 2520 – 58th Street Hampton, VA 23661
 - Contact Number(s): (757) 896-6461
 - Website: www.arcvap.org
 - Services offered: Helps individuals with developmental disabilities lead fulfilling lives by providing early childhood intervention, day support, employment, recreation and community living services, and family support.
- **Foodbank of the Virginia Peninsula**
 - 2401 Aluminum Avenue Hampton, VA 23661
 - Contact Number(s): (757) 596-7188
 - Website: hrfoodbank.org
 - Services offered: Distributes food effectively through collaborative efforts that minimize hunger, promote nutrition, and self-reliance through education.
 - Summer Food Service Program
 - Backpack program
 - Culinary Training Program (for adults)
 - SHARE Hampton Roads
- **Hampton Division of Fire and Rescue**
 - 22 Lincoln Street, Sixth Floor City Hall Hampton, VA 23669
 - Contact Number(s): (757) 727-6580
 - Services Offered:
 - Juvenile Firestarter Program: four-week program for children 2-18 who have exhibited fire related behavior; program enlightens parents and children about fire safety and the consequences of fire.
 - Submit referral form online: <http://hampton.gov/FormCenter/Fire-11/Juvenile-Firesetters-Referral-Form-109>
- **Healthy Families Partnership**
 - 100 Old Hampton Ln. Hampton, VA 23669
 - Contact Number(s): (757) 727-1300 Option 0
 - Website: <http://www.hampton.gov/index.aspx?NID=246>
 - Hours: Mon. – Fri. 8 AM to 4:30 PM
 - Services Offered:
 - Healthy Start: program provides intensive support information and education to new and expectant parents in their home.
 - Playgroups
 - Parent Education Classes
 - Hampton Families attend free.
 - Pre-registration is required.

- **Salvation Army**
 - 1033 Big Bethel Rd Hampton, VA 23666
 - Contact Number(s): (757) 838-4875
 - Services offered:
 - Youth Services
 - Character building programs, Christian education, community recreation programs, day camp activities
 - Disaster Services
 - Emergency Assistance
 - Financial assistance, emergency shelter, food and nutrition programs, seasonal services, fuel assistance
 - Transitional Housing

- **Transitions Family Violence Services**
 - 137 Kings Way Hampton, VA 23669
 - Contact Number(s): (757) 728-2638
 - Website: www.transitionsfvs.org
 - Services offered: Provides shelter, hotline, crisis intervention, case management, advocacy, counseling and self-sufficiency services to adult and child victims of family violence.

MILITARY RESOURCES:

Contact Information

Langley and Fort Eustis are Joint Base Facilities (Employing and Servicing the Army, Marine, Navy, Air Force, Coast Guard)

Fort Eustis (Army)

Post Operator 757- 878-1212

Behavioral Health Services 757-314-7558

Social Work

Anxiety/relaxation

Anger management

Men's Group

Sleep Group

Post Deployment Group

Psychology

Family Advocacy 757-878-0807

Parenting

Stress Management

Sexual Assault Advocacy (Sexual Assault is major throughout the armed forces...It will not be tolerated)

Army Community Services (Assists Airman, Army, Navy, Marines, and Coast Guard)

757-878-3638

Loan Locker (Housing goods)

ID Cards

Financial Counseling

Fort Story, Virginia Beach, VA

Post Operator 757-422-7305

Fleet & Family Services 757-422-7311

After hours Domestic Violence 757-438-4180

Professional Counseling

Financial Management

Victim Assistance

Stress & Anger Management

Résumé & Interview Assist.

Family Employment Assist.

Yorktown (Navy) Near the Naval Weapons Stations

757-887-4606

Counselors

Referrals to Shelters

Financial Assistance

Sexual Assault Victim Advocate

Langley (Air Force)

Base Operator 757-764-1110

Sexual Assault Advocacy 757-764-7272

Airman Family Readiness 757-764-3990

Counselors

Financial Loans to those who qualify

Shelter referrals

- **USO of Hampton Roads**
 - P.O. Box 7250 Hampton, VA 23666
 - Contact Number(s): (757) 788-4982
 - Website: www.usohr.com
 - Services provided: Enhances quality of life of members of the U.S. Armed Forces and their families, such as emergency lodgings and support groups, creating relationships between military and civilian communities.